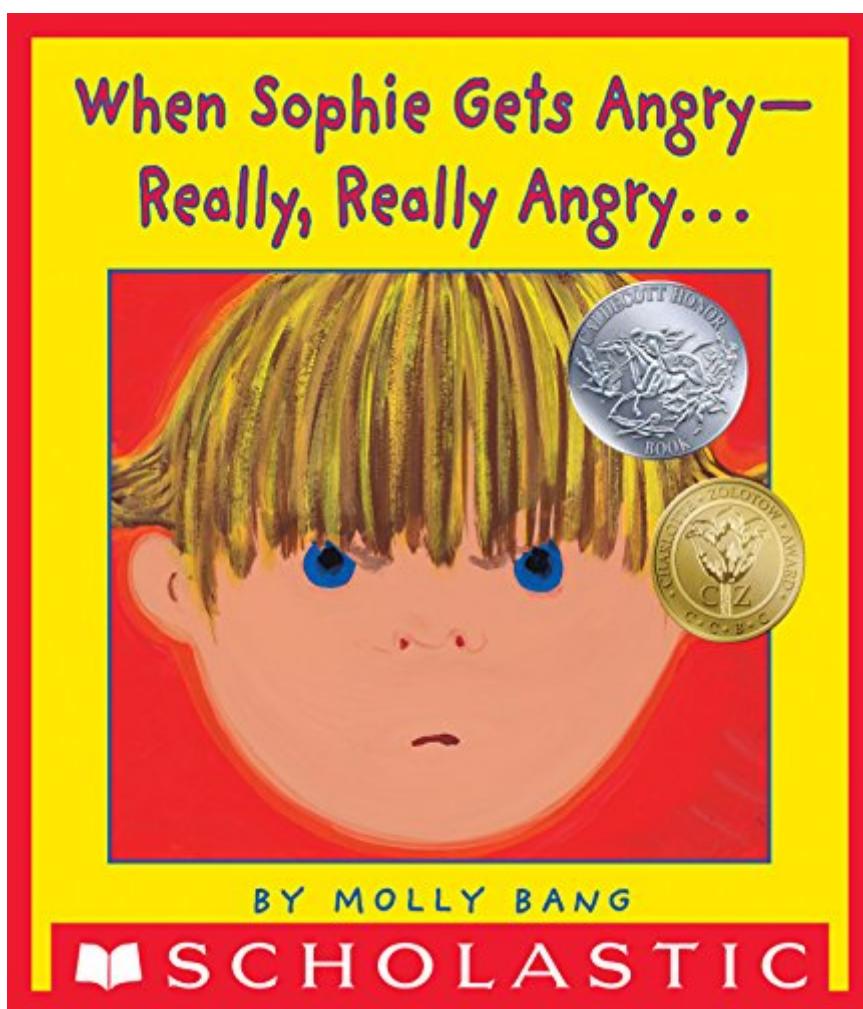


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# When Sophie Gets Angry--Really, Really Angry...



## **Synopsis**

"Oh is Sophie ever angry now!" Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott-honor book, kids will see what Sophie does when she gets angry. What do you do?

## **Book Information**

File Size: 46266 KB

Print Length: 36 pages

Publisher: The Blue Sky Press; 1 edition (April 26, 2016)

Publication Date: April 26, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01B224RQW

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #377,428 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #34 in Books > Children's Books > Literature & Fiction > Religious Fiction > Christian > Emotions & Feelings #212 in Kindle Store > Kindle eBooks > Children's eBooks > Growing Up & Facts of Life > Family Life > Parents #349 in Kindle Store > Kindle eBooks > Children's eBooks > Literature & Fiction > Religious Fiction > Christian

## **Customer Reviews**

I got this out of the library for my 2 1/2 year old and had to order a copy last night as she already had me read it to her 5 times. I am not sure if it is the colorful illustrations or the toddler-friendly story line that grabbed her attention, but it was a big hit. I picked this book since my little one is in the terrible twos of temper tantrums. I wasn't sure how helpful this book would be, I was originally looking for something like "Calm Down Time" that would give her practical tips on ways to calm down when she is mad. The premise of this book is simple- young Sophie gets angry when her mother forces her to share her toy gorilla (any 2 year old can relate). The description of Sophie getting angry is well written and illustrated. When Sophie gets angry, she goes for a walk outside

into nature and sits in a tree and calms down. The lovely pictures get calmer and cooler as the reader follows Sophie through the story. The only bad thing I can say about this book is that now my girl wants to go outside to cool off, which is just not possible in Winter or at night. We're working on finding an indoor place so she can be like Sophie.

While I loved the art, I wasn't thrilled with the story line of how to deal with anger since the young child runs away out into nature and lets nature calm her. She returns home to a loving home but I was hoping for a more practical way of teaching a child to deal with the scary angry emotion. The three year old is completely captured with the book, but I'm worried about her putting the story into practice. An older child wouldn't have this problem, I'm sure. Also, track 1 on the CD wouldn't play.

My daughter loved this book when we first checked it out of the library when she was 2 years old, and now that we bought it and she is 3 1/2 years old. I think it must be because it is interesting for her to see that it is okay to be "angry" sometimes and to express it. She will ask me to read it again and again. It's not a long book but it really gets the point across and is a hit. It was initially recommended by our "Mommy and Me" teacher as a favorite - and sure enough, it is now one of our favorites.

Love, love, love this book! It explains anger in a way very young children can understand. It outlines how Sophie gets angry - really, really angry - and what she does to calm down. The engaging text and vivid illustrations hold my child's attention. It's simple enough that he's started to memorize parts of it. Not sure if that will translate into action when he is angry, but one can hope! There is another Sophie book about hurt feelings that we love just as much as this one.

Why would you write a book where a child runs out of the house alone and climbs a tree by a lake. It's not safe for a child to run outside away from adults. What about kidnapping? I read this book and will NEVER use it. Why would I tell a child to go outside without permission from an adult and what adult would allow a child to go outside alone and travel through the woods alone.

I purchased this book hoping that it would help my preschooler through her difficult moments. This book did not do that. Spoiler alert - a child running away because she is angry is not the best way to help a child deal with his or her anger. While many reviewers compliment and admire the drawings, I feel that the moral of the story is not appropriate for the audience age that this book targets. We

read the book one time before deciding to give it away, but I am so disappointed in the story that I don't know whom I should give it to.

This book is terrible. Synopsis is run away from home into nature to calm down. My three year old is NOT allowed to run away every time something doesn't go his way

This book didn't really impress me. I don't appreciate the fact that it encourages kids to run away when they are mad. My 3 year old better not run, run, run when he is angry. I think better examples could have been set for handling anger. I get what the author was going for but this is only realistic for a teenager or adult. Little kids shouldn't run away when they are mad. Maybe go to the next room or walk away from the situation, but not run outside (unless there is a fenced-in back yard).

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